

Life's a Beach

WCSLSC Newsletter - No.2 2016-17

Branch Championships

Wollongong City Beach – Sunday 12 February BJA-Morning, Senior- Afternoon Lots of HELP required.

PLEASE MAKE YOURSELF AVAILABLE – WE WANT TO SHOW WE CAN RUN A SUCCESSFUL EVENT.

Contact Paul Buttel – buttel paul@gmail.com to advise availability/ job preference.

Patrol Person of Month:

New initiative by the Club to recognise the time & effort of our volunteer patrol members on City beach.

October - Angus McGoldrick **November** - Andrew Bell **December** - Abby Murada **January** - TBA
Prize is Meal Voucher donated by **BOMBORA SEAFOOD RESTAURANT**. Many thanks for your support.

Crew With Potential:

According to sweep Brett Dingwall, his `Wildfire` Reserve Women Boat Crew showed some early season potential. Coming from Brett, that was a massive wrap. Crew realised that potential & some top performances saw them selected to represent NSW at the Interstate Surfboat Series at Shellharbour on Friday, 17 February. Well done girls (Karri Ryan, Vida Oakes, Rani Hulme, Emma Prowse) & sweep/coach Brett. Good luck against the best from other states. Get out to Shellharbour to cheer them on.

Facebook Wipeout:

Catch Shane `The Lunatic` Ackerman (son of WCSLSC Vice Captain, Michelle) getting smashed by a 6 metre totally ugly monster wave on his head while boogey boarding at the renowned Shipstern's Bluff in Tasmania. See **Inverted Boogey Boards** Facebook Page for clip. This was a boy who had to be dragged kicking & screaming into flat water at City Beach nippers 15 years ago. How times have changed.

Sydney Water Series:

Series Placegetters (Top 5)	Tobias Delaney	1st	U/12 Male Beach
	Natalia Karakousis	3rd	U/15 Female Beach
	Jed Wells	5th	U/17 Male Water
	Meg Fox (Thirroul)	4th	U/17 Female Water
	Michael Jennett	1st	Male Masters
	Tim Jennett	4th	Male Masters
	Paul Buttel (Wanda)	5 th	Male Masters

Thanks to ALL Sponsors who supported the Series & SLSI /South Coast Branch Officials for their efforts .

Interbranch Representatives:

NSW Interbranch Championships – The Lakes. City members of SLSI team that finished in 6th position.

Natalia Karakousis U/15 Female Beach Meg Fox U/17 Female Water

Angus McGoldrick U/15 Male Water (1st time rep) Jed Wells U/17 Male Water

Michael Jennett Assistant Manager & Open Ski/Board. Well done all.

Quote for Thought: Be yourself, everybody else is already taken.

Oscar Wilde

Not Travelling Well:

Ross Dawson (Life Member) – continued leg problems that require constant treatment & restrict activities - no driving, no swimming, limited bowls - not a happy 90th birthday present.

Ken (Titchie) Louttit (50 Year Long Service) - reckons his 86 years have caught up with him but not impressed by doctor's advice of "get a walking stick" to overcome his unsteadiness when vertical (and it's not a drink problem). Best wishes for return to good health.

What/Where Are They?

SLSA (Standard Operating Procedures (SOP) Folders

2 x Red/Yellow A4 Folders on shelf in 1st Aid Room - CONTAIN INFO THAT MAY BE NECESSARY TO BE AWARE OF IN MAJOR INCIDENT at City Beach. Take opportunity to read them on a quiet Patrol day.

Chemical Register

1 x White A4 Folder located as above. Contains **Safety Data Sheets** for all chemicals used in/around Club7 & what to do/who to contact in case of emergency - swallowed, inhaled, contact with eyes/skin, fire etc. Have a look, see what they contain & return back to shelf please. **Poison Information Bureau 131126**

Late Isn't Great:

If you don't like to be publicly chastised then don't turn up late to SLSA Courses / Proficiency Days that are well advertised with start time **SHARP**. The Trainer/Assessor group work hard before, during & after each event & don't deserve or appreciate your tardiness.

Radios:

Some reticence to use by younger Club members. After Proficiency Days, Patrol Captains should ensure **ALL** members of their Patrol know the SLSA Radio basics + how to transmit/receive with confidence.

Which Channel 1, 2, or 3 – what do they do? What to press – how to identify, call & converse?

The 4 P's - **PEOPLE, PROBLEM, POSITION, PROGRESS**. What to do if radio doesn't work?

Let's all become as skilful on Surf Rescue radios as we are on mobile phones & I pads.

Poison Information Bureau:

Phone Number 131126 (on Notice Board & in 1st Aid Room).

Alternatively, call Triple Zero (000) & ask for transfer to Poison Information Bureau.

Apology:

Missed Sydney Ruddy from 2016 HSC list in last newsletter. Performed very well with ATAR qualifying her for entry into UOW Journalism Degree. A new Life's a Beach editor maybe in near future?

Hockey Honours:

Mitch Wells was drafted to play goalie for South Australia in U/15 Interstate Indoor Hockey Championships at Unanderra in January. Saw lots of action against the stronger eastern states teams but his save/miss ratio was up with the best & he won an Australian Hockey 'Man of the Match' award on day 1. Hockey (indoor & outdoor) takes precedence in Mitch's sporting life these days, that's why you don't see him as often at City Beach (hence his obvious shorts & t-shirt tan).

Quotes for Thought: If life gives you lemons keep them because, hey, free lemons.
Always give 100% - unless you're donating blood.

Saturday Patrols:

Thanks to all who put in to cover for late changes & increased dates on original roster. Much appreciated.

Courtesy:

All members registering for SLSA courses not run by the Club should advise Chief Training Officer as a matter of courtesy. It is somewhat disconcerting to find that 11 SLSA awards were gained of which the CTO was aware of 4 only (even 2 of those were 2nd hand info). Difficult to recognise in Newsletter, Annual Report & Annual Presentation Night if not informed. In future, non-advice could lead to you paying the award fee.

Bike Stack:

Watch Mitch Wells on Facebook taking air on a 2 metre jump at Figtree Red Gum Estate mountain bike trail. He took big air, jack knifed & cannoned into the next jump. KO'd, in cuckoo land for a few minutes & busted knee. Best part on video was hearing Clubmate Angus McGoldrick's exclamation of concern then burst into laughter as Mitch hit the deck.

Smart:

Congratulation to Jordan Allan (Edmund Rice College) on making the Distinguished Achievers List for the 2016 HSC Exams. That trademark cheeky grin got to Cheshire cat proportions when he learned of entry to the highly sought after Pre-Medicine course at UOW. Congratulations.

SLSA Awards (External):

Silver Medallion Basic Beach Management (2) – Clara Bonin, Kieran Bonin

Advanced Resuscitation Techniques Certificate(3) – Clara Bonin, Sam Morris, Jed Wells

Spinal Management (6) - Kieran Bonin, Meg Fox, Shannon Fox, Clara Bonin, Sam Morris, Jed Wells.

SLSA Awards (Club):

NOTE – All Certificates/Medallions will be presented to candidates at Club Annual Presentation in May.

Surf Rescue Certificate (14): Olivia Chaffer, Olivia Colquhoun, Zac Heywood, Bridie Inwood, Justin Lamb, Claudia McGoldrick, Robbie Mc Grath, Tahlia Morris, Jed Reed, Carter Russell, Jack Ryan, Spohie Rodwell, Nicholas Ward, Holly Whitton, (Jack Gardner & Lillie Pollock – final assessment outstanding due to injury/sickness).

Bronze Medallion (12): Jed Ainsworth, Jesse Colquhoun, Lachlan Dale, Hannah Gardner, Bronte Jolly, Ellen Manson, Thomas Rodwell, Aboudi Sawan, Jack Scott, Sam Thorne, Jason Vugrek, Charlotte Ward. (Thomas McBeath not yet 15 years – will be competent & award processed on birthday).

Advanced Resuscitation Techniques Certificate(18):

Glenn Bell, Julian Cable, Sophie Counsell, Zac Forst, Meg Fox, Jordan Heywood, Jon Hickman, Mia Hickman, Bailey Lamb, Ken Lawrence, Tara Lawson, Peter Leiner, Ian Mc Beath, Jackson McBeath, Lucy McBeath, Adam Smith, Joel Ward, Ben Vugrek.

Congratulation to all members who were successful in gaining SLSA Award qualification & thanks to Shane Kelly, Larry Jennett & Peter Hogarth for their efforts organising, presenting & processing the extensive Awards programme at the Club.

Quote for Thought: Why do signs for pedestrian crossings show people with no feet? They would make lousy pedestrians in real life.

Surf Club Gala Ball:

See Surfguard Email 6 January

When - Saturday 8 April **Where** – Villa D'oro Function Centre 7.00pm **Why** – Celebrate the season in style

How Much - \$110/head 3 Courses + 5 hour premium drinks package

Dress Ladies - Glamorous as usual Men- Coat & Tie (+pants) No Denim please.

Bookings (Tables of 10) Jon Hickman jon@traveloncrow.com.au

Matt Hiesley mhiesley@hotmail.com

Kate Jennett Katie.jennett@y7mail.com

SLSA Award + Patrol Uniform Cost:

Patrol Gear-Shirt \$17 + Shorts \$17 + Cap \$6.50 + SLSA Award \$21.50 + Catering \$10 + Resources \$3.

TOTAL = \$76 + GST = \$83.60. Obviously, Club Fees **DO NOT** cover the cost. We invest in the members to ensure City Beach is safely managed. We rely on members for patrol attendance/management/fundraising /competition etc. to get a positive return on that investment. Please consider YOUR input to the Club.

Chinese Surf Safety:

Thanks to Shane Kelly (Organiser/Presenter), Larry Jennett (Presenter) & chefs? Geoff Chidgey, Tony Strang & Barry Wootton for their efforts in instructing large groups of Chinese youths (at homestays in the City to learn English through UOW) . Besides basic Surf Sense, Rip Identification & a Surf Rescue, the chefs? were kept demonstrating the etiquette in smashing down a real Aussie `sausage sanga` with onion & sauce. Numbers totalled approx. 200 over 3 sessions of hard work for the team that gained a financial benefit to the Club. Have also picked up a group of Japanese students – who knows, tomorrow the World ??

Tag Removal:

Anyone found removing **OUT OF SERVICE TAGS** & proceeding to use equipment will be publicly flogged. Note particularly to those who did so on the senior White Bennett Racing Boards during school holidays. Editor notes that neither you nor your parents organise repairs to the already damaged craft.

New ATV:

NOTE (1) – Use **UNLEADED** fuel only- drums tagged. Advise if spare fuel storage is getting low.

NOTE (2) Ensure Rescue Board **DOES NOT RUB** on the front tyre. Check positioning on carry racks.

NOTE (3) – Rescue Board, Flippers & Radio (Channel 2) must be carried on ATV at ALL TIMES on Patrol.

Thanks to Darrin DeBoynton for fitting board carry racks, flashing lights & horn. Reverse beeper to come .

Unit cost \$18,850 - still to have Surf Rescue signage added . All drivers need to be inducted/signed off.

Busy Bob:

Thanks to Bob Kimbrey for assembling the new Bennett Soft Rescue Boards now in service. Biggest part of job was extricating the craft from copious amounts of foam, cardboard & packing tape & disposal of same.

Anonymous Donor Scholarship:

Libby Lawson (Rookie Co-ordinator & Boatie) was selected as the recipient of the \$500 Anonymous Donor Scholarship for Tertiary Education. Libby is undertaking a Nursing Degree at UOW & enters Year 2 in 2017. A pertinent topic for her graduation thesis could be “The Physical Effects of the Santa Pub Crawl Within 8 Hours of Undertaking the Annual SLSA Skills Maintenance (Proficiency) Competency” . A good read maybe?

The Least You Could Do:

If you avail yourself of the `FREE` ?? iceblocks from the 1st Aid Room freezer at least have the decency to wash/return scissors to the cupboard, pick up/bin the cut off ends & wipe up the sticky/melted ice from the treatment bed & floor. Just another instance of **POOR FORM** by some uncaring members. Others work hard & give considerable time / effort to maintain Club cleanliness & hygiene. **YOUR ACTIONS DON'T HELP.**

Sweep Saveski:

Brandon Saveski has gained his SLSA Surfboat Sweep Accreditation & his first full competition outing will be with his crew at the SLS Illawarra Branch Championships. Has picked up some helpful hints from mentors Brett Dingwall & Rod Latham on the way & is showing great promise along with the rowers Andrew Bell, Ryan Bailey, Matt & Josh Lambert who are our only male crew in season 2016-17.

Parents :

When filling in/signing off forms **PLEASE READ & ENSURE ALL DETAILS ARE CORRECT before submitting.** The SLSA Registration/Surfguard system is difficult to amend & it is time consuming for our officers to double handle forms. FYI, approx. 30% of the (39) Course Registration forms submitted for the SRC /Bronze 3 day course in December were incomplete – some not even signed off by a parent !!!!

IRB Maintenance:

Thanks to new U/23 boatie Matt Lambert for putting his hand up to look after the Club's IRB motors .

Please ensure any problem motor is tagged/logged & Matt advised ASAP so he can arrange repairs.

NOTE: IRB motors run **2 stroke fuel only** - (drums tagged).

Poor Response:

Disappointing that the Rookie Laser Tag & Pizza event scheduled for January was canned due to poor response (2 only positive replies for 25 spots available). If the type/timing/cost of event didn't suit please lets us know what **YOU** might like & when. Speak to Rookie Co-ordinator Libby Lawson 0411082237.

Adult Bronze Course:

Any BJA parents/friends interested in doing the Bronze Medallion course to contact Larry Jennett so course numbers/times/dates can be sorted. Must be registered financial member to undertake course. Probably 1 night/week (2 hours) for 6 weeks + 1 Saturday or Sunday 3 hours + Q&A homework.

Incident Report:

Any injury that requires ambulance or hospital attendance **MUST** be entered in the Incident Report Book. Please ensure **ALL** relevant details are completed correctly in **INK** & duly signed off/dated. Incident Reports may be used as evidence at any ensuing investigation/ legal action so must be **CORRECT** & held for 7 years.

Good Sports Accreditation:

Club has now gained Level 2 in the Good Sports Accreditation process. One action requires us to identify a Transport Officer at events to assist people in getting home if required due to their level of intoxication. Any takers? Cannot use the old paradigm "I was too unsteady on my feet to walk, so I drove home."

Quote for Thought: A day without sunshine is like, well, night.

Christmas Handicap:

61st Annual Christmas Handicap Swim & Social – Sponsored by Murada Transport. Total Starters 55

Results: Overall Winner - Luke (Two Names) Morgan-Monk (2nd year in succession - handicapper to note)
Veteran - Craig Morris, Senior - Ryan Bailey, U/19 - Mitch Spicer, U/17 - Jason Vugrek
U/15 - Angus McGoldrick, Female - Abby Murada, BJA Male - Jake Potter, BJA Female – Nil
New Member - Chris Trail, Visitor - Ollie Walker, Rear of Field – Michael Maslen (who else ?)

Another great day at Wollongong City. Lots of interaction between BJA/Senior members & families. Thanks to all who assisted on the day. Special mention to Raffle Girls Pip, Meg & Kaitlyn + Jed Ainsworth & Jack Scott for their efforts in cleaning up the Members Room. Great to see young members involved. Marty Morris & Dane Hannington complained it was “just like the old days” – they got handicapped out of a win & the Jennett (Kate Wells) / Morris (Craig) clan winning the raffle prizes (again). That was despite Marty’s daughter drawing the tickets. Stick to your colourful spear fishing stories Marty.

I’m Back:

Just when we thought the problem was solved, **The Phantom Board Wrecker & Non Board Washer** have returned to haunt us – (may be one & the same or different members).

SIMPLE - If you paddle it - **wash** it, **inspect** it for damage & put back on rack. If you ding it, **tag & report** it.

Nocturnal Manoeuvres:

The cockroach army marches about the Club on nightly raids looking for food. Club is addressing the problem but members must assist by ensuring **ALL** food scraps are put into one of the many garbage bins available.

BIG \$:

In: Christmas Handicap \$2000, Hall Hire \$3200, SLSA Grant \$5500, Water Safety- Tri Club \$500, Fees \$4270, SLSA Appeal Day \$1523.

Out: Christmas Handicap \$2600, Warilla Boats + Sydney Water Entries \$775, Gym Access \$406, Web Host \$170, Capitation Fees BJA+ Snr \$14684, Rubbish Removal \$172, Phone+Inet \$403, Security \$561, Photo Copier \$177, Carnival Entries \$258, On Line Coach course \$230, Log Books \$71, Window Tint \$71, Gas \$54.

Audit Embarrassment:

Recent Patrol audit by SLSA & WCC found Rescue Tube with end clip missing – **CHECK YOUR RESCUE GEAR.**

Patrol Problems:

If having trouble managing surfcraft infringing on flags or other safety issues with water/beach users that you consider need a higher authority, contact SLSI Duty Office & WCC Lifeguard Supervisor on radio & ask them to attend beach. If a public safety concern (alcohol, assault, child protection) – call Police - Triple 000.

Club Dinner:

Come along to our next family evening at our sponsor **City Diggers – Wednesday, 15 February** from **6 pm**. Last 2 dinners at Fraternity & Steelers were well attended & low cost/enjoyable evenings. See you there.

Quote for Thought: When you were born, you cried & the world rejoiced. Live your life in such a manner that when you die the world cries & you rejoice. Old Indian Saying.

Facilities Grant:

Club has submitted proposal for State Government grant money to cover some major repair/maintenance/upgrade works at the Club. To include: re-top non slip flooring, interior painting, new taps/showers, ATV Room exhaust, history cupboards, gym air conditioning. Waiting response & \$ available.

Double Ski Damage:

1st time used in 3 years (in Harbour) - result \$600 damage - didn't hit anything claimed the dynamic duo ??
Optometrist & Audiology appointments have been made. More care please, you know the harbour hazards

New Crew:

Female U/23 crew (Sophie Counsell, Alice O`Toole, Libby Lawson, Piper Stewart) showing some promise.
2nd at Pt.Kembla, but have been beached since Piper injured her back. Keep at it girls, success will come.

IRB Course:

Please advise your interest in an IRB Crew/Driver course in February /March - Min. Age 15 Crew, 16 Driver.

SPONSORS

Bombora Seafood Restaurant, City Diggers, Illawarra Leagues Club, Steelers Club, Fraternity Club, Abico insurance Brokers, Complete Hydraulic Services, Rambor Mining, Ecocem, One Touch Intelligent Home Systems, True Energy, Keiraville Butchery, RMB Lawyers, St.James & Finch, Dingwall Trailers, Score, Business Machine Specialists, Anonymous Donor - Youth Development Fund, Citizens of Wollongong City.

Please support our generous sponsors & benefactors at every opportunity

Coming Events:

BJA Twilight & Senior Club Championships	Saturday 4 February	BBQ & Disco to follow
Branch Championships	Sunday 12 February	HELP REQUIRED – contact Paul Buttel
Club Family Dinner	Wednesday 15 February	City Diggers 6.00 pm
Club Ball	Saturday 8 April	Villa D'oro 7.00pm Tables of 10 110/head

Quote for Thought:

I expect to pass through this life but once. If therefore, there be any kindness I can show, or any good thing I can do to any fellow being, let me do it now, for I shall not pass this way again. William Penn 1644 -1718

FINALLY

Be aware not to let front wheel of ATV rub on the Rescue Board – have already badly scored 2 boards.

Please keep up your Patrol commitments for the remainder of the season - don't let us & the public down.